



SAMPLE CALENDAR

ACTIVITY PROGRAM - SPECIAL CARE UNIT AT HEALTHCARE CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 AM EXERCISE 10:30 AM Move with the Music 2:00 PM "COUNT ME IN" 3:00 PM DEVOTIONAL 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	2 9:30 AM EXERCISE 10:30 AM Ring Toss 2:00 PM Deep Blue Sea 4:00 PM SMALL GROUPS 6:00 PM EVENING WORSHIP 6:30 PM VIDEO FAVORITES Antique	3 9:30 AM EXERCISE 10:30 AM HOT CHOCOLATE 2:00 PM "Aroma Party" 3:00 PM DEVOTIONAL 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	4 9:30 AM EXERCISE 10:30 AM BINGO 2:00 PM Twinkie Party 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	5 9:30 AM EXERCISE 10:30 AM FUN WITH NUMBERS 2:00 PM REMINISCING 4:00 PM SMALL GROUPS 6:30 PM CHAMPAGNE MUSIC / WITH LAWRENCE WELK
6 9:45 AM MORNING WORSHIP 2:30 PM SNACK & SOCIAL HOUR 6:30 PM VIDEO FAVORITES	7 9:00 AM BEAUTY SHOP 9:30 AM EXERCISE 10:30 AM MANICURES 1:30 PM DEVOTIONAL 2:00 PM Table Mats 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	8 9:30 AM EXERCISE 10:30 AM "BOWLING" 2:00 PM TRIVIA TIME 3:00 PM DEVOTIONAL 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	9 9:30 AM EXERCISE 10:30 AM Parachute 2:00 PM "SPELLING BEE" 4:00 PM SMALL GROUPS 6:00 PM EVENING WORSHIP 6:30 PM VIDEO FAVORITES	10 9:30 AM EXERCISE 10:30 AM DOMINOES 2:00 PM "CRAFT TIME" 3:00 PM DEVOTIONAL 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	11 9:30 AM EXERCISE 10:30 AM BINGO 2:00 PM POORMANS PIE 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	12 9:30 AM EXERCISE 10:30 AM "MEMORY BOXES" 2:00 PM "PUZZLES" 4:00 PM SMALL GROUPS 6:30 PM CHAMPAGNE MUSIC / WITH LAWRENCE WELK
13 9:45 AM MORNING WORSHIP 2:30 PM SNACK & SOCIAL HOUR 6:30 PM VIDEO FAVORITES	14 9:00 AM BEAUTY SHOP 9:30 AM EXERCISE 10:30 AM MANICURES 1:30 PM DEVOTIONAL 2:00 PM Color Purple 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	15 9:30 AM EXERCISE 10:30 AM Basketball Throw 2:00 PM GOLDEN ARCHES 3:00 PM DEVOTIONAL 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	16 9:30 AM EXERCISE 10:30 AM Kick Ball 2:00 PM "COOK'S CORNER" 4:00 PM SMALL GROUPS 6:00 PM EVENING WORSHIP 6:30 PM VIDEO FAVORITES	17 9:30 AM EXERCISE 10:30 AM Antique Roadshow 2:00 PM "BIRTHDAY PARTY" 3:00 PM DEVOTIONAL 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	18 9:30 AM EXERCISE 10:30 AM BINGO 2:00 PM Chips & Dips 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	19 9:30 AM EXERCISE 10:30 AM "BUSY BODIES" 2:00 PM Bull's Eye 4:00 PM SMALL GROUPS 6:30 PM CHAMPAGNE MUSIC / WITH LAWRENCE WELK
20 9:45 AM MORNING WORSHIP 2:30 PM SNACK & SOCIAL HOUR 6:30 PM VIDEO FAVORITES	21 9:00 AM BEAUTY SHOP 9:30 AM EXERCISE 10:30 AM MANICURES 1:30 PM DEVOTIONAL 2:00 PM TWO OR MORE MUSIC/ PROGRAM 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	22 9:30 AM EXERCISE 10:30 AM "COFFEE & NEWS" 2:00 PM "This & That" 3:00 PM DEVOTIONAL 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	23 9:30 AM EXERCISE 10:30 AM Balloon Toss 2:00 PM Mary Kay Facials 4:00 PM SMALL GROUPS 6:00 PM EVENING WORSHIP 6:30 PM VIDEO FAVORITES	24 9:30 AM EXERCISE 10:30 AM Kick Ball 2:00 PM "CREATIVE HANDS" 3:00 PM DEVOTIONAL 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	25 9:30 AM EXERCISE 10:30 AM BINGO 2:00 PM Root Beer Floats 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	26 9:30 AM EXERCISE 10:30 AM Basketball Throw 2:00 PM "CROSSWORD PUZZLES" 4:00 PM SMALL GROUPS 6:30 PM CHAMPAGNE MUSIC / WITH LAWRENCE WELK
27 9:45 AM MORNING WORSHIP 2:30 PM SNACK & SOCIAL HOUR 6:30 PM VIDEO FAVORITES	28 9:00 AM BEAUTY SHOP 9:30 AM EXERCISE 10:30 AM MANICURES 1:30 PM DEVOTIONAL 2:00 PM Ice Pops 4:00 PM SMALL GROUPS 6:30 PM VIDEO FAVORITES	29 9:30 AM EXERCISE 10:30 AM "MIND AEROBICS" 2:00 PM Music with Jesse Frank 3:00 PM DEVOTIONAL 4:00 PM SMALL GROUPS	30 9:30 AM EXERCISE 10:30 AM Ball Toss 2:00 PM Art Time 4:00 PM SMALL GROUPS 6:00 PM EVENING WORSHIP 6:30 PM VIDEO FAVORITES			