

ASSISTED LIVING ACTIVITIES CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:00 AM BRAIN FITNESS CLASS 11:00 AM CHAIR EXERCISE 1:00 PM GAITHER GOSPEL MUSIC 2:30 PM CHOOSE OUR MEAL OF THE MONTH	2 11:00 AM CHAIR EXERCISE 2:00 PM 42 DOMINOES 6:00 PM MOVIE & POPCORN IN THE GARDEN ROOM
3 9:45 AM WORSHIP 6:00 PM WORSHIP SERVICES ARE ALSO EVERY WEDNESDAY AT 6:00PM WORSHIP AUDITORIUM & CHANNEL 15	4 10:00 AM WATER EXERCISE -WC 10:00 AM WOMEN'S BIBLE 11:00 AM CHAIR EXERCISE 2:30 PM LIFE BIO MEMORIES	5 10:00 AM VETERANS MEETING COFFEE & DONUTS 11:00 AM CHAIR EXERCISE 1:30 PM PET THERAPY	6 9:30 AM WELLNESS CENTER BALANCE & MOVEMENT 10:00 AM CROSSWORD PUZZLE 11:00 AM CHAIR EXERCISE 2:30 PM BIRTHDAY MUSICAL ENTERTAINMENT	7 10:00 AM BIBLE TALK 11:00 AM CHAIR EXERCISE 2:30 PM BINGO 5:45 PM 42 DOMINOES	8 9:00 AM BRAIN FITNESS CLASS 11:00 AM CHAIR EXERCISE 1:00 PM GAITHER GOSPEL MUSIC 1:00 PM TRIP TO WAL-MART	9 11:00 AM CHAIR EXERCISE 2:00 PM 42 DOMINOES 6:00 PM MOVIE & POPCORN IN THE GARDEN ROOM
10 9:45 AM WORSHIP 6:00 PM WORSHIP SERVICES ARE ALSO EVERY WEDNESDAY AT 6:00PM WORSHIP AUDITORIUM & CHANNEL 15	11 10:00 AM WATER EXERCISE -WC 10:00 AM WOMEN'S BIBLE 11:00 AM CHAIR EXERCISE 2:30 PM MUSICAL ENTERTAINMENT	12 9:30 AM MEN'S BIBLE 11:00 AM CHAIR EXERCISE 11:00 AM TRIP TO BRAUM'S BURGER'S & ICE CREAM 1:30 PM PET THERAPY	13 9:30 AM WELLNESS CENTER BALANCE & MOVEMENT 10:00 AM WHEEL OF FORTUNE 11:00 AM CHAIR EXERCISE	14 10:00 AM BIBLE TALK 11:00 AM CHAIR EXERCISE 2:30 PM BINGO 5:45 PM 42 DOMINOES	15 9:00 AM BRAIN FITNESS CLASS 11:00 AM CHAIR EXERCISE 1:00 PM GAITHER GOSPEL MUSIC 3:00 PM CHAIR MASSAGE IN THE GARDEN ROOM	16 11:00 AM CHAIR EXERCISE 2:00 PM 42 DOMINOES 6:00 PM MOVIE & POPCORN IN THE GARDEN ROOM
17 9:45 AM WORSHIP 6:00 PM WORSHIP SERVICES ARE ALSO EVERY WEDNESDAY AT 6:00PM WORSHIP AUDITORIUM & CHANNEL 15	18 10:00 AM WATER EXERCISE -WC 10:00 AM WOMEN'S BIBLE 11:00 AM CHAIR EXERCISE 2:30 PM MUSICAL ENTERTAINMENT	19 9:30 AM MEN'S BIBLE 11:00 AM CHAIR EXERCISE 1:30 PM PET THERAPY 2:30 PM RESIDENT MEETING	20 9:30 AM WELLNESS CENTER BALANCE & MOVEMENT 10:00 AM CROSSWORD PUZZLE 11:00 AM CHAIR EXERCISE	21 10:00 AM BIBLE TALK 11:00 AM CHAIR EXERCISE 2:30 PM BINGO 5:45 PM 42 DOMINOES	22 9:00 AM BRAIN FITNESS CLASS 11:00 AM CHAIR EXERCISE 1:00 PM GAITHER GOSPEL MUSIC 3:00 PM MARY KAY FACIALS IN THE GARDEN ROOM	23 11:00 AM CHAIR EXERCISE 2:00 PM 42 DOMINOES 6:00 PM MOVIE & POPCORN IN THE GARDEN ROOM
24 9:45 AM WORSHIP 6:00 PM WORSHIP SERVICES ARE ALSO EVERY WEDNESDAY AT 6:00PM WORSHIP AUDITORIUM & CHANNEL 15	25 10:00 AM WATER EXERCISE -WC 10:00 AM WOMEN'S BIBLE 11:00 AM CHAIR EXERCISE 2:30 PM MUSICAL ENTERTAINMENT	26 9:30 AM MEN'S BIBLE 11:00 AM CHAIR EXERCISE 12:00 PM SERVING OUR MEAL OF THE MONTH 1:30 PM PET THERAPY	27 9:30 AM WELLNESS CENTER BALANCE & MOVEMENT 10:00 AM WHEEL OF FORTUNE 11:00 AM CHAIR EXERCISE 2:00 PM WELCOME NEW RESIDENTS SOCIAL	28 10:00 AM BIBLE TALK 11:00 AM CHAIR EXERCISE 2:30 PM BINGO 5:45 PM 42 DOMINOES	29 9:00 AM BRAIN FITNESS CLASS 11:00 AM CHAIR EXERCISE 1:00 PM GAITHER GOSPEL MUSIC 1:00 PM ROOTBEER FLOATS IN THE GARDEN ROOM	30 11:00 AM CHAIR EXERCISE 2:00 PM 42 DOMINOES 6:00 PM MOVIE & POPCORN IN THE GARDEN ROOM
31 9:45 AM WORSHIP 6:00 PM WORSHIP SERVICES ARE ALSO EVERY WEDNESDAY AT 6:00PM WORSHIP AUDITORIUM & CHANNEL 15						